The Lima Nursing in 2020

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In the last 3 years, the management of the Regional Council III from Metropolitan Lima of the College of Nurses of Peru, has contributed to the scientific development of the nursing professional in his sphere of action, with unprecedented work.

During 2018, the first workshops started on topics related to research, statistics, document management and bibliographic search, which were extremely popular. Therefore, in 2019, a diploma in quantitative research was carried out that lasted 8 months, with the support of the Universidad Peruana Unión. More than 50 nurses participated proposing their research projects, some of them even managed to complete their research.

The scientific journal Ciencia y Arte de Enfermería was no exception, since 2018 its reform began, making it the first nursing journal in Peru that presents its articles in Spanish and English. However, the culture of scientific publishing still needed to be further fostered.

Therefore, in 2020, on the Year of Nursing, declared by the World Health Organization, and thanks to the Nursing Now campaign, more scientific activities had been proposed. However, at the beginning of this year the COVID-19 pandemic appeared, which represented a serious impact in all senses, from the emotional impact of the nurses in Lima, who presented anxiety, depression and stress due to work on the front line facing a deadly unknown disease, to difficulties in carrying out training plans due to confinement and social distancing.

The management of nursing care was one of the aspects that was exposed to the most severe test, the weaknesses that already existed such as the lack of unification of the nursing language, communication problems, labor deficiencies, among others, became more visible and that reality was not exclusive to Peru, but to other Ibero-American countries.

The pandemic brought us various messages, one of them, the reflection on the need to update and expand the vision of epidemiology based on the role it should play facing pandemics that are expected to be increasingly aggressive and frequent in a world characterized by the accelerated scientific and technological boom, accompanied by problems that deserve comprehensive, technological, and rapid solutions.

The nature of adapting led us to carry out the activities virtually. Thus, in the month of May we inaugurated Scientific Fridays, broadcast throughout the rest of the year via virtual via the CRIII-LM Facebook. Courses were carried out to write scientific articles, statistics applied to nursing research, elaboration of quantitative and qualitative research projects, and preparation of quantitative and qualitative research reports. The quarantine definitely led us to use of the networks to grow in training and uniting with colleagues from all over the world.

The activities have shown their fruits in two virtual meetings, one exclusively to share research projects, where the nurses demonstrated that they are developing important research in the context of the pandemic, and another to share research products, where interesting works have also been presented that enhance the image of our research nurses. Thus, we fulfill the mission of training and making visible the contribution of the Lima nurse to the development of nursing science through scientific research.

We have the satisfaction that the task was accomplished, and it has been successful. We encourage future management to prioritize the development of the research component, essential for Peruvian nursing.

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